FLOOD RECOVERY – FLOODED SOIL SYNDROME
John Sawyer, Professor, Department of Agronomy, Iowa State University
Antonio Mallarino, Professor, Department of Agronomy, Iowa State University
Mahdi Al-Kaisi, Associate Professor, Department of Agronomy, Iowa State University

Fallow Syndrome is a condition where crops planted the year after an extended period with no plant growth can exhibit reduced early growth and yield. Symptoms on corn plants are classic phosphorus (P) deficiency symptoms, including slow-stunted early growth, purple coloration, and poorly developed roots. This effect is called “Fallow Syndrome” as it is observed in soils, where for moisture conservation, the land is idled for a year and kept fallow with no crop or weed growth. This allows accumulation of moisture in the soil for the next cycle of crop production.

A similar syndrome can be observed after extensive flooding due to the lack of plant growth in submerged areas, sometimes called “Flooded Soil Syndrome.” This may be an issue in 2012 in the Missouri River floodplain as the flooding spanned a long time period during the 2011 growing season. There were crops planted and some growth before the flooding, but none the rest of the season.

For corn and soybean, the crop most affect by the syndrome is corn, but can be an issue with soybean as well. There are several possible reasons for the syndrome.

One usually suggested reason is the decreased survival of active arbuscular mycorrhizae (AM, previously called VAM) fungi populations due to lack of host plants. Water saturation itself does not reduce the AM population. These beneficial fungi form important relationships with plant roots, most notable related to uptake of P and other nutrients with limited mobility in the soil. The AM fungi require a host plant, that is, active roots in the soil. They cannot be propagated in soil alone. In the year following flooding, AM colonization potential and activity are reduced. However, as the season and plant growth progress, AM root colonization can increase to levels similar to that in non-flooded soil. In addition to the AM issue, soil fluctuating anaerobic (flooded) to aerobic (non-flooded) conditions can reduce plant available P. In combination, reduced AM fungal populations and low plant available P reduce early season crop P uptake.

Another possible reason relates to increased strength of P retention by soil constituents. Reduced crop-availability of P after flood waters recede occurs through two mechanisms. One is the alternating conditions associated with water-saturated soil and then with normal aerated or dry soil. This influences the oxidation state of iron (Fe) and crystalline Fe-oxide. This cycle often increases the soil P retention capacity when soils initially return to normal/dry conditions. Therefore, soils may be deficient in P during short periods after flooding, although the effect tends to disappear over weeks or months with normal aerated soil. Another mechanism reducing P availability relates to extent of sedimentation. Although there is scarce information about this effect, research has shown that high sedimentation rates provide a renewal of reactive minerals with P retention sites. This may occur because of inorganic sediment constituents (mainly clay-sized fractions and Fe compounds), but also with organic materials. Several processes can take
place, such as influencing chelation of cations and inhibition of Fe oxide crystallization. Sedimentation can result in increased P retention when soil dries after a flood, but the effect is highly variable and unpredictable because it is highly dependent on particle size and sediment chemical and mineralogy properties.

It is not certain the Flood Induced Soil Syndrome condition will occur in 2012 crops following the flood of 2011, nor the extent or severity. Research is fairly limited as to the effect on crop production. Also, the length of flooding in 2011 is likely longer than the situations studied in past research. However, there are several things that can be considered to help alleviate development of the syndrome.

- **Plant a cover crop**, which will provide host plant roots for the re-colonization of AM fungi. The more time a cover crop has to grow, the greater the chance of AM recovery and rebuilding the mycorrhizal population. Any plant growth would be helpful, even weeds, but preferably a cover crop like winter rye, wheat, or oat. If the cover crop can be seeded in the early fall, then a crop like oat that will winter kill could be planted. If the cover crop has to be seeded late fall due to prolonged wet soils, a cover crop that will survive the winter and provide growth in the spring should be planted, like winter rye or winter wheat. In the spring, allow as much time for growth as possible and still have timely crop planting. A separate fact sheet discusses cover crop options and management.

- **Soil test.** For better results, especially for soil test P, allow time after the flood waters recede for soils to dry and return to a normal aerated state. This may mean that sampling should be delayed until late fall or better spring. Reactions of P with soil Fe can affect P test levels and interpretation, especially if fields are sampled immediately after flood waters recede or shortly after soils dry. Fields with sand deposition and erosion will require intense sampling after land leveling and sand mixing or removal to differentiate affected areas and new fertilization needs. Also, surface soil test levels could increase or decrease in fields where sediments and associated nutrients are deposited.

- **Apply more P than called for by soil-test interpretations for normal soil conditions.** The research studying P application after a flooded period is limited and results somewhat mixed. And in addition, perhaps none conducted in a situation where the flooding extended for the length of time as 2011 in much of the Missouri river floodplain. In general, the research in corn following flooding and fallow has indicated that a high rate of P banded near the seed row (60 or more lb P₂O₅/acre, two inches beside and two inches below the seed row, approximately twice the normal recommended starter P rate) helps to alleviate poor early plant growth and often, but not always, increases corn yield. A higher than normal broadcast P rate applied shortly before planting also can help. This improvement especially occurs when soil P tests are low.

- **Fertilizer rate suggestions** are based on quite limited research. We are not aware of research with seed placed P fertilizer (for corn) related to the Flood Syndrome. Due to limitation of rate (seed safety), it is questionable that placement with the seed would fully overcome P availability issues. It is suggested to not place fertilizer with soybean seed (due to injury potential).
In research following fallow, broadcast P has not always been as effective as banded P in increasing yield. When broadcasting P following the flooded conditions, spring application is suggested to avoid the period of increased soil retention that can occur shortly after soils dry.

- Research in 1994 following the Mississippi river flood of 1993 showed no corn plant growth or yield response to foliar N and P fertilizer application. In that research, yield was increased with 25 lb N/acre applied in a starter band.
- Soybean is not as affected by the syndrome as corn, however, if planting soybean, banded or broadcast high P rates is still advised. For any crop, it is important to use soil testing to determine fertilization needs. However, for P, to help reduce potential issues with the syndrome, application is advised for corn and soybean no matter the soil test level.
- Plant a crop in 2012 that is not as susceptible, such as soybean or sorghum.
- If planting soybean, a *Bradyrhizobium japonicum* inoculum should be added to the soybean seed as insurance for adequate nodulation. This would be especially important in fields with considerable deposition or soil disturbance.
- Attempting to colonize fields with AM fungi is not a feasible option. There are several reasons for this, including the availability of AM inoculum (it can only be propagated with live plant roots, thus limiting economical mass production). It will take time, but once soils return to aerobic conditions and plants are growing, the soil microflora will recover naturally. Therefore, other than adding *Bradyrhizobium japonicum* to soybean seed, adding microbes to flooded soils is not needed.

Extended flooding of soil causes many detrimental issues for soil microflora. However, the microflora is very resilient and will naturally recover once flood waters recede. This cycle of soil flooding and recovery has happened many times in river floodplains, and will again. Implementing practices outlined above can help with short-term flood related crop production issues that may occur in 2012.